

Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER



November 2022

VOLUME 6, ISSUE 3

From the Principal

Dear Cascade Families,

As we move more fully into the Autumn season, I want to briefly pause and recognize the hard work and positive energy we've had so far this year. October is historically a busy month, from homecoming to events like the Puget Sound Festival of the Bands to the various activities like College Application Day, High School and Beyond, and other student activities. Like everything, we could not have such successful events without a support and efforts of our remarkable student body, staff, and parent groups. The tremendous determination on the part of our school community to make this fall memorable has been truly extraordinary, and we look forward to the continued partnership and positivity as we head into our Food Drive season soon.

That said, as we head into the later Fall and the holiday season, these can be very stressful times for everyone but particularly our students, therefore if you have concerns or are seeing things keeping your child from engaging positively in school, we would like to hear from you and see how we can best support. The very best way to get an immediate response is access call us at 425-385-6000 or connect with individual staff via the *Our Staff* link.

Other resources that could be helpful to you in supporting your student are access to **Gradebook, Home Access Center, and Canvas for Parents.**

Ultimately, we want to continually recognize that our primary goal as a community is to engage our students in a wider conversation about progressing as a person in readiness for their next steps, and ultimately that means working together to come together as a community to support one another. Nowhere do we see that more acutely than the support I see from our parents and guardians. I was reflecting on how positive our community has been this year, and I want to thank you each for that. I was at an athletic contest this fall in which our team lost, and as the players were walking off, I distinctly heard a parent tell our Bruins that they were "awesome" and a chorus of people joined in with cheering them on. I believe that great school communities do not happen by accident, it takes all of us giving our best to supporting our students in their growth, particularly when we have setbacks. As a parent myself of students in school, the overall support of students is truly appreciated and necessary. We want to express our appreciation for all that you do to make learning and growth possible for each and every Bruin.

Sincerely,

Michael Takayoshi
Principal, Cascade High School

Mtakayoshi@everettsd.org

Micheal Takayoshi
Principal

Cascade High School
801 Casino Road,
Everett, WA 98203
www.everettsd.org/cascadehs

November 4

Full Day Schedule

November 11

No School – Veteran's Day

November 18

Learning Improvement Friday

November 23-

25

No School – Thanksgiving Break



CHRISTMAS ASSISTANCE 2022



Once again, this holiday season, The Salvation Army Everett and Volunteers of America of Western Washington are partnering to provide Christmas Assistance to families in need. The Salvation Army will provide toys and gifts for children 17 and under, and the Volunteers of America will provide Christmas food baskets for each family. Applicants can choose to apply online or schedule an *in-person* enrollment interview at The Salvation Army Everett via the **web link** or **Phone Number** provided below. Distribution will be Monday & Tuesday December 19th—20th, 2022 and information about pick up time and location will be provided once applications are approved.

*Things you **MUST HAVE** to complete the online or in-person application process:

1. Picture ID of adult applicant
2. Recent utility bill (within 90 last days) with current address **WITH EVERETT ZIP CODE Eligible**
Everett zip codes are: **98201, 98203, 98204, 98206, 98207, 98208, 98213**

3. Any **2** of the following for **EACH** child 17 and under in the household:

Birth Certificate, Social Security Card, Medicaid or Insurance Card, Letter of Legal Guardianship, Report Card, Passport

- *For in person applications, we do not need to take or keep copies of any of the above information, however, we will not be able to complete your application without it. Documents may be presented in person digitally via web site or as picture on your phone.*

To apply, please go to <https://saangeltree.org>

- Scroll down and select “No” for “Do you have an invitation code”
- Enter your zip code in the box and select “Go”

If you live in Everett and receive an error message after submitting your zip code that states there are no services in your area, it is likely that we have reached our application limit. Please don't worry. Often times there are duplications in the system, and they will be cleared soon. If you would like to schedule a time to complete your application in person, please call **(425) 259-8129 ext 223** and leave a message and a staff member will get in touch with you as soon as possible to schedule an in-person application appointment. *Please note, if there are errors on your online application, staff may reach out to schedule an in person appointment in order to resolve the issue.

Eligible Everett zip codes are: 98201, 98203, 98204, 98206, 98207, 98208, 98213

- Begin the enrollment interview request process

Once you have completed the first page of the form, a pop-up will appear notifying you that a link specific to your application has been emailed to you to get back to your personal application should you happen to have internet trouble or need to finish completing the application at another time

For questions and assistance with your application, please call **(425) 259-8129 ext 223** and a staff member will get in touch with you as soon as possible.



Welcome Cascade Bruins To Bruin Community Parents

Bruin Community Parents is Cascade High Schools Parent Teacher Organization and invites you to join us now for the 2022-2023 academic year. Membership dues and fundraising events help to support extracurricular activities at Cascade and build a community of connected families. We invite all incoming and current parents to our in-person meetings on the second Wednesday of every month at 7 pm in the Cascade Library where you will learn about the exciting plans and news for the upcoming month.

Step 1 Choose Membership Type

Family Membership \$25

Individual Membership \$20

Step 2 fill out Google form or go to our website [chsbcp1.wixsite.com/website](https://forms.gle/hZTkML5MLpyKsuTk6)

<https://forms.gle/hZTkML5MLpyKsuTk6>

Or



Step 3 Payment Options



Cash or Check
Mail or Drop off at Cascade High School
Checks Payable to Bruin Community Parents
Memo Line: Membership



German Student Convention!

After being on hold for the past two years, the “German Student Convention” is coming soon to Cascade High School on Saturday, November 5th from 10:00-3:30. This is an enrichment event for German language learners, and this year, CHS is happy to be the host. We are expecting around 300 other German language students from across the state to attend. It costs \$15 per person and includes culture workshops, competitions between attending schools, Bavarian folk dancing and a German-themed lunch. Servus!

Kathy Lockwood
German Teacher



61st Annual Food & Gift Drive

Donations ~ November 28 to December 14

Shopping Day ~ December 14

Delivery Day ~ December 15



The students at Cascade High School will be sponsoring 150+ families from Volunteers of America & Salvation Army for the holidays with food and gifts

Want to help?

We are looking for donations of:

Boxes ~ Wrapping Paper ~ Gift Cards ~ Cash
Non-Perishable Food ~ Gifts for Babies to 18 Years Old

Questions Contact Activities - 425-385-6014

Proceeds from this event will be donated to families within our community, VOA and other community organizations.

Funds collected are private monies and will be held in trust by the Everett Public School District exclusive for the specified purpose.



2022 Homecoming





Construction on Casino Road



This school year our campus will be impacted by work being done to the State Route 526 overpass by the Washington State Department of Transportation (WSDOT). The work will be seismic retrofitting the overpass to make the overpass safer in the case of seismic activity. This work will start likely this fall and carry on into the spring and will result in the closure of lanes of traffic

on E Casino Rd as well as our driveway closest to the overpass. East Casino will continue to be open, but please be aware that WSDOT will likely be using the center turn lane on E Casino to maintain two-way traffic during the seismic retrofit work. This will impact our traffic both coming to and leaving campus and will require extra caution as there will be WSDOT workers for this period of time. We've included some diagrams to help clarify where this work will be happening.





Cascade Athletics

Fall sports are winding down. At the time of this writing our football team is 1 win away from finishing the regular season 8-0 and advancing to the playoffs. Boys tennis district tournament took place on October 26th. Girls swim and dive districts are on November 2nd. Boys and girls cross country districts took place on October 28th. Girls soccer and volleyball finish up their regular seasons and are looking for 2 wins to secure the last district playoff berth. Congratulations to all our fall sports athletes and good luck to those participating in the playoffs!

Congratulations to our September athletes of the month!

- Our female athlete of the month is volleyball player Annalynn Loeak. Annalynn was nominated by her coach Melissa Hopkins. Annalynn has emerged as a leader & great teammate on the Volleyball court this season. She has stabilized the back row in order to effectively run our offense and ensures that her presence is known to the opposition. Annalynn has averaged 10 digs and 3 aces per game this season as well as averaging above a 2.5 on the passer scale rating. She leads the team through her voice and actions, with positivity and encouragement at the forefront.
- Our male athlete of the month is cross country runner Aidan Kopra. Aidan was nominated by his coach Steve Bertrand. Aidan is a first-year member of our CC team this year and from day one has been a great asset. He started getting other kids' information so we could all communicate with each other. He has that drive to be the best in all he does. Having never been a distance runner he came out the first week and started pushing our #1 runner to be better. He is one of our top 3 runners in every meet. We have been able to compete at a higher level due to his motivation and help. Everyone on the team looks up to him. We have named him the Co-Captain this year because of his hard work.

Winter sports start on Monday, November 14th. The following sports are offered:

- boys basketball
- boys wrestling
- boys swim
- girls basketball
- girls wrestling
- girls bowling (starts October 31st)

Remember that you need a current sports physical on file with the school to participate as well as completed eligibility information submitted through Final Forms. The link to Final Forms can be found on the Cascade High School website main page, or you can access the link directly [here](#). To guarantee eligibility for the first day of winter sports, all online paperwork in final forms must be completed and a sports physical must be turned in by Wednesday, November 9th. Paperwork and sports physicals submitted after November 9th may not be cleared in time for the first day of tryouts. We encourage you to join a sport or club this winter. If you have questions about your sports physical or how to complete the online paperwork in Final Forms, come and see Scott Stencil or Rhonda Covert in the main office.

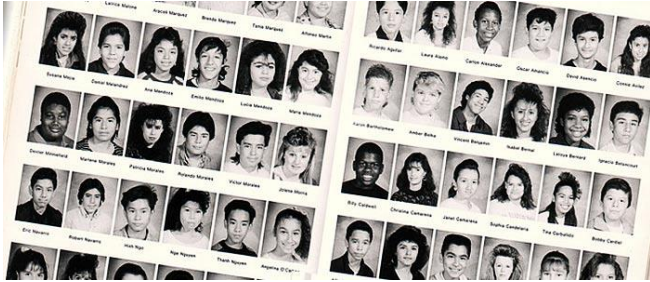
Here is a list of the first home competitions for each sport. Please join us in cheering on the Bruins!

- Girls Bowling: November 14th vs. Blaine at Evergreen Lanes at 3:15
- Boys Swimming: December 1st vs. Lake Stevens at Everett YMCA at 2:30
- Boys Basketball: December 1st vs. Ferndale at Cascade at 7:15
- Girls Basketball: December 3rd vs. Oak Harbor at Cascade at 2:00
- Girls Wrestling: December 6th scramble at Cascade at 7:00
- Boys Wrestling: December 15th vs. Snohomish at Cascade at 7:00



Class of 2023 Senior Timeline of Events!

2022-23 Yearbook Senior Due Dates!



*Senior Portraits are due before: **November 7th**

*Senior Quotes are due before: **November 14th**

*Senior Grad Ads are due before: **March 6th**

[Yearbook website](#)

SENIORS! NEED HELP WITH FINANCIAL AID?



Applications opened 10/1/22



\$\$ for education & training



Help is available!



Email:
naviance@everettsd.org

Videos, websites & other resources on our district site!
<https://www.everettsd.org/Page/10314>



Counseling Department Information

Counselors:

Jason Himstedt	A - Chi	jhimstedt@everettsd.org	385-6024
Debbie Wade	Cho - Gut	dwade@everettsd.org	385-6021
Anne Jensen	Guy – Li	ajensen@everettsd.org	385-6023
Laura King	Lo - O	lking@everettsd.org	385-6022
Elisabeth O'Brien	P – Sl	eobrien@everettsd.org	385-6009
Pam Richards	Sm - Z	prichards@everettsd.org	385-6025

Support Staff:

Tanys Aris	Success Coordinator - OTG	taris@everettsd.org	385-6027
Phil Brandstetter	Admin Support Para	pbrandstetter@everettsd.org	
Kaeli Campbell	Success Coordinator – ML	kcampbell@everettsd.org	385-6193
Kalie Graham	Success Coordinator – ML	kgraham@everettsd.org	385-6193
Jane Horton	Admin Support Para	jhorton@everettsd.org	
Jana Kosiba	Facilities/Field Trip/Couns. Support Secretary	jkosiba@everettsd.org	385-6093
Debbie Mehaffey	Counseling & Discipline Secretary	dmehaffey@everettsd.org	385-6010
Denise Redford	Intervention Specialist	dredford@everettsd.org	385-6013
Trish Roberts	College & Career Specialist Para	troberts@everettsd.org	385-6030
Stacy Robinson	Student Support Advocate	srobinson@everettsd.org	385-6017
Holly Twedt	Success Coordinator - Assessment	htwedt@everettsd.org	385-6041
Kris Vasquez	Academic Support Para	kvasquez@everettsd.org	385-6049

Psychologist:

Kaitlin Kalkwarf	Resource Students L-Z	kkalkwarf@everettsd.org	385-6037
Ellen Winningham	Resource Students A-K (Extended Resource, Achieve, Life Skills)	ewinningham@everettsd.org	385-6039

Sped Support Staff:

Jamice Fisher	Success Coordinator	jfisher@everettsd.org	385-6169
Joy MacDonald	Paraeducator	jmacdonald@everettsd.org	385-6067

[CHS Counseling Webiste](#)

Looking for Clothing Assistance?



Operation School Bell is a philanthropic program of the Assistance League. This program provides clothing to student who demonstrate need and attend school regularly. Operation School Bell is a non-profit program, totally run by volunteers and is not tax supported or government sponsored. Operation School Bell is by appointment only. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.

Clothes for Kids is a similar organization located in Lynnwood. Clothes for Kids is by appointment only. Shopping dates are 8/1/22-5/26/23. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.



Attendance Reporting

- **Parents/Guardians have 30 days to report their student's absence by e-mail or written note.**
- Please be sure to provide:
 - the student's name
 - the student's ID number
 - the reason for the absence
 - your name
 - attach a doctor's note if applicable

Attendance Email: CHSAffendance@everettsd.org

Attendance Line: 425-385-6004

If you leave a voicemail, please provide a **written note** or email within 30 days of your student's first day back to school.

- [email](mailto:CHSAffendance@everettsd.org) regarding student absences to the following dedicated email account: CHSAffendance@everettsd.org

The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:

- [Illness](#)
- [Appointment](#)
- [Funeral](#)
- [Emergency](#)
- [Religious Observance](#)

Please note that running late, car trouble, missing the bus or oversleeping are considered unexcused absences

[Pre-Arranged Absence Form](#) This form is not mandatory. It is for teacher/student benefit. In order for an absence to be excused the attendance office must receive an [e-mail](#) with dates and reason for absence.

CASCADE BRUINS



College Entrance Exam Dates 2022-2023

ACT TEST DATES

Register at www.act.org

Test Date	Registration Deadline	Late Deadline
October 22, 2022	September 16, 2022	September 30, 2022
December 10, 2022	November 4, 2022	November 11, 2022
February 11, 2023	January 6, 2023	January 20, 2023
April 15, 2023	March 10, 2023	March 24, 2023
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	June 23, 2023

SAT TEST DATES

Register at www.collegeboard.org

SATURDAY Test Date	Registration Deadline	Late Fee Deadlines (online - phone)
August 27, 2022	July 29, 2022	August 16, 2022
October 1, 2022	September 2, 2022	September 20, 2022
November 5, 2022	October 7, 2022	October 25, 2022
December 3, 2022	November 3, 2022	November 22, 2022
March 11, 2023	February 10, 2023	February 28, 2023
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023

CLASSES OF 2017 AND BEYOND*		
SUBJECT	SAT	ACT
Math	430	16
ELA*	410	14
Science	Not required for graduation	

- ✓ The ACT & SAT exams are approved State Graduation Pathways and can be used for credit recovery as well.
- ✓ Contact the Assessment Success Coordinator for assessment graduation requirements or your Counselor.



Need help with your Homework?

Peer Tutoring is available
in the Library during PAWS

OR

Do you want to earn
service hours, strengthen your skills,
build your resume for job and college apps

Be a Peer Tutor

Sign Up Here



Or use the following link:

[Request to work with a Tutor or Request to be a Tutor](#)



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APPAREL



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HIGH SCHOOL
SPIRIT GEAR**

TEE SHIRTS
SWEATSHIRTS
SPIRIT ITEMS

Visit our website for more details:
[HTTPS://WWW.EVERETTS.D.ORG/PAGE/39055](https://www.everettsd.org/page/39055)



Four Things You Can do to Support Your Teen's Mental Health

Show your teenager love and care, while looking after yourself.

Whether you and your teen are getting along well or having challenges, it is important to show that you love and support them, that you can help them navigate tough times and that you are always there for them.

Here are four things to keep in mind when having that 'how-are-you-doing?' conversation with your teen and to show that you are always there for them.

1. Encourage them to share their feelings

- Look for ways to check in with your teen. Ask them how their day has been and what they have been doing. It could be by inviting them to join you in a task, such as preparing dinner, so you can use the time to chat about their day.
- Remind them that you are there for them, no matter what, and that you want to hear how they are feeling and what they are thinking. A few simple words of encouragement can help them feel comfortable sharing their feelings with you.
- It is important to acknowledge and understand emotions they might be experiencing, even if it feels uncomfortable. When they open up to you, you can respond with "I understand", "it sounds like a difficult situation" or "that makes sense".
- It can be easy to notice the things your teen is doing that you do not like. But also try to notice and praise them for something they are doing well — even something simple like cleaning up after themselves.

[>> Read more about positive discipline and its benefits](#)

2. Take the time to support them

- Work together on setting up new routines and achievable daily goals. You could fit in home chores around school work or set a target like getting homework done before dinner.
- Adolescence means independence! Try to give your teen the appropriate time and space to be on their own. Needing space is a normal part of growing up.
- Find a few ways you can support and encourage your teen to take breaks (from schoolwork, housework, or other activities they may be working on) to do things they enjoy. If your teen feels frustrated, work *with them* to brainstorm some solutions to problems. Try not to take over and tell them what to do.

3. Work through conflict together

- Listen to your teen's views and try to sort out conflict calmly. Remember: everyone gets stressed!
- Never discuss an issue while you are angry. Walk away, take a breath and calm down — you can talk with your teen about it later.
- Avoid power struggles. With the world feeling unpredictable and options looking limited right now, teens might be struggling to be in control. As difficult as it can be in the moment, empathize with their desire to assert control in a scary time, rather than attempting to fight back or overpower it.
- Be honest and transparent with your teen: you can let them know that you are experiencing extra stress as well. Showing them how you deal with your own difficult feelings can help them know their feelings are okay.
- When there is conflict, take some time to reflect on how you and your teen can resolve it. You can discuss these reflections with your teen, so they see how you are processing ideas.

4. Care for yourself ~ **Caregivers have a lot to deal with. You also need care and support for yourself. Showing self-care is also a good way of modelling the practice to your teen.**

- Don't wait to ask others for help if you are feeling overwhelmed. It is normal and okay to feel this way. Find a family member or someone you can talk to.
- Make time for your own relationships. Try to find a few people that you can share feelings and experiences with. Set aside some time with them each day, to check in on how you are feeling.
- Make time in your day to do the things that help you cope with and manage stress. Whether your day is busy or slow, we know that making time to look after yourself is essential for your wellbeing. Doing the things you like or simply taking a few minutes off from your day can help you feel relaxed and re-energized.
- Try different positive coping strategies that work for you. Some ideas include: exercising, talking with friends, making to-do lists or planning ahead, maintaining routines and structures, reflecting on what you are grateful for or proud of, and doing things you enjoy like music, art, dancing and keeping a journal.

Messages in this guide were developed by the Inter-agency Standing Committee Mental Health and Psychosocial Support Reference Group.



2022 Capital Levy update

We are grateful to our voters for approving the 2022 Replacement Capital Levy. As the levy funding is spread over six years, project timelines for the facility projects and technology improvements have been developed to align this work with the revenue stream. These timelines and the rationale for prioritizing these projects and improvements, along with other information regarding the 2022 capital levy, is available at www.everettsd.org/CapitalProjects.



Native American Indian and Alaska Native Heritage Month

November is Native American Indian and Alaska Native Heritage Month. What started at the turn of the century as an effort to gain a day of recognition for the significant contributions the first Americans made to the establishment and growth of the U.S., has resulted in a whole month being designated for that purpose.



Daylight Saving Time Ends



November 6, 2022, Daylight Savings Time Ends and we “fall back” one hour.

Remember to vote Nov. 8

Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 8. Postage is not required for ballots.





Calendar reminder

This is a friendly reminder that there is no school the day before Thanksgiving.



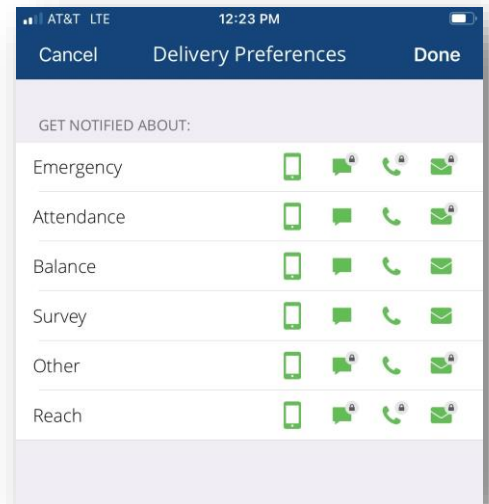
School performance report

Our school’s performance report is available online on each school’s website. More information is available on the [Office of Superintendent of Public Instruction website](#). At the bottom under data and research, click on “School Report Card” and select Everett from the list of districts.

Receive information the way you prefer

This is a friendly reminder that parent and guardians can select your preferred method of communication so you will not get the same message in multiple formats unless you choose to. Below are some steps you can take:

- Download the district’s mobile app. One of the many features is to select your delivery preferences. Once you have signed into your account, click on your profile tile and then “Edit Delivery Preferences” at the top.
 - Click on the icon for app, text, phone or email to turn off that mode. Green indicates the mode is turned on. Some modes are locked, as indicated with the lock in the upper corner of the icon.
- Keep your contact information current by updating the “Annual Student Update Form 2022-2023” in Home Access Center or by letting your school office know anytime there is a change.
- Please visit the communications department webpage for a list of timely and relevant information to strengthen connections among families, staff and community.





Is your family prepared?

[Snohomish County Emergency Management](#) has helpful online resources to help you create, and practice emergency response plans with your family and neighborhood in preparation for bad weather.

FAFSA season has begun!

Free Application for Federal Student Aid (FAFSA) is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at <https://studentaid.gov/h/apply-for-aid/fafsa>.



2023 Prodigies for Peace Writing and Art Contest

The Snohomish County Black Heritage Committee is proud to announce the 22nd annual Prodigies for Peace Writing and Art Contest for the Snohomish County Dr. Martin Luther King Jr. Community Celebration in January 2023.

The Prodigies for Peace Writing and Art Contest helps students draw connections between the people and the events that shaped the civil rights movement and the social issues that influence their lives today. Participation in this contest helps our local community remember and celebrate the life of Dr. Martin Luther King, Jr. Contest categories include essays for grades 3-5, grades 6-8 and grades 9-12, as well as art for grades K-12.

For contest instructions and entry, please visit www.everettsd.org/DEI and click on Prodigies for Peace in the Quicklinks.

Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child's online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.

Know who is in the "buddy lists." Get to know the cyberfriends as well as you do those who visit your home. Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:

- [Stop Bullying Now](#)
- [Ms. Parry's Guide to Correct Online Etiquette](#)
- [Common Sense Media](#)




Find out what Everett Public Schools students learn about digital citizenship on the district [website](#).


Have a safety concern related to schools? Report it!


You can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

3 easy ways

Text or call
 855-637-2095

 1350@alert1.us

 <https://everett-wa.safeschoolsalert.com>

FOR
EMERGENCIES,
PLEASE CALL
911!

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

Job opportunity



We are HIRING!
**SPECIAL EDUCATION
 PARAEDUCATORS**

**\$21.75 - \$31.56
 DEPENDING ON EXPERIENCE**

APPLY ONLINE TODAY!

www.everettsd.org

Reunification simulation held



Thursday October 6 district staff, community volunteers and 4 busloads of students and staff from Jackson High School participated in a reunification drill. The drill was an important part of practicing and testing the reunification plans of the district in case a school needs to be evacuated. Memorial Stadium serves as the reunification location for the entire district and the drill is practiced every two years, except during remote learning.

You can find out more information on the reunification process on the [safety and security webpage](#). Useful feedback was received on ways we can continue to improve our processes.



News around the district

Like knowing what's happening in the district? Follow us on social media! Visit our [social media directory](#) for a list of schools, club or teacher accounts.

Want eflyers of student and family opportunities? Go to [Peachjar](#) and register a free account to receive eflyers emailed directly to you!

News releases

[2022.09.27 Jackson High's robotics team ranked 2nd in world competition](#)

[2022.09.21 Jackson High students named National Merit semifinalists](#)

[2022.09.20 Rose Smith receives 2022 Ryan Ziegelmann Service Award](#)

[2022.09.20 World Language Assessment](#)

[2022.09.13 Everett Public Schools celebrates its AP Capstone diploma recipients](#)

[2022.08.23 Transitional Days into Kindergarten Supports Student Success](#)





Actualización sobre el Impuesto al Capital de 2022

Agradecemos a nuestros votantes la aprobación del Impuesto al Capital de Reposición de 2022. Debido a que los fondos del impuesto se distribuirán durante seis años, los plazos de los proyectos para los proyectos de instalaciones y mejoras de tecnología se desarrollaron para que este trabajo esté en consonancia con la fuente de ingresos. Dichos plazos y los criterios para priorizar estos proyectos y mejoras, además de otra información sobre el impuesto al capital de 2022, se encuentran disponibles en www.everettsd.org/CapitalProjects.



Mes de la Herencia de los Indios Americanos y Nativos de Alaska

Noviembre es el Mes de la Herencia de los Indios Americanos y Nativos de Alaska. Lo que comenzó a finales del siglo como una iniciativa para contar con un día de reconocimiento a las contribuciones significativas que hicieron los primeros americanos a la fundación y el crecimiento de los Estados Unidos dio lugar a la designación de un mes completo para ese fin.



Termina el horario de verano



El horario de verano termina el 6 de noviembre de 2022 y “retrocedemos” una hora.

No se olvide de votar el 8 de noviembre

No se olvide de dejar su voto en la urna electoral más cercana o de enviarlo por correo a más tardar el 8 de noviembre. No es necesario franqueo para los votos.





Recordatorio del calendario

Le recordamos cordialmente que no hay clases el día anterior al Día de Acción de Gracias.

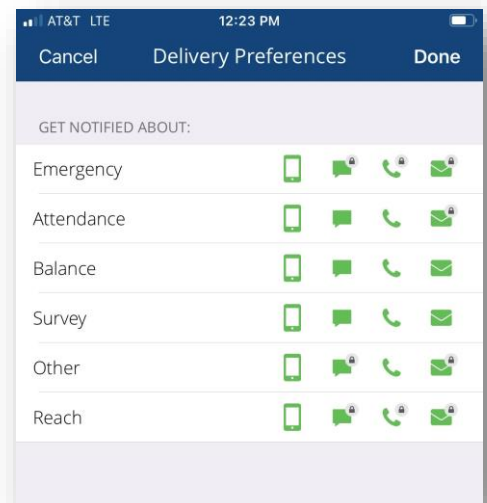


Informe de desempeño escolar

El informe de desempeño de nuestra escuela se encuentra disponible en línea en el sitio web de cada escuela. Puede acceder a mayor información en el [sitio web de la Oficina del Superintendente de Educación Pública](#). En la parte inferior, debajo de “data and research” (datos e investigación), haga clic en “School Report Card” (boletín de calificaciones escolar) y elija Everett de la lista de distritos.

Reciba información de la manera que prefiera

Le recordamos cordialmente que los padres, madres y tutores pueden elegir su método de comunicación preferido para no recibir el mismo mensaje en formatos múltiples, a menos que quieran hacerlo. A continuación incluimos algunos de los pasos que puede dar:



- Descargue la aplicación móvil del distrito. Una de las diversas características es elegir sus preferencias de entrega. Una vez que haya iniciado sesión en su cuenta, haga clic en el mosaico de su perfil y luego en “Edit Delivery Preferences” (editar preferencias de entrega) en la parte superior.
 - Haga clic en el ícono de aplicación, texto, teléfono o correo electrónico para desactivar dicho método. El color verde indica que el método está activado. Algunos métodos están bloqueados, tal como indica el candado en la esquina superior del ícono.
- Mantenga actualizada su información de contacto actualizando el “Annual Student Update Form 2022-2023” (Formulario de actualización anual para los alumnos 2022-2023) en Home Access Center o informando a la oficina de su escuela cada vez que haya un cambio.
- Visite la página web del departamento de comunicaciones para acceder a una lista de información oportuna y pertinente para reforzar las conexiones entre las familias, el personal y la comunidad.



¿Su familia está preparada?

[Gestión de Emergencias del Condado de Snohomish](#) cuenta con recursos útiles en línea para ayudarlo a crear y practicar planes de respuesta a emergencias con su familia y vecindario para prepararse para condiciones climáticas adversas.



¡Comenzó la temporada de la FAFSA!

La *Solicitud Gratuita de Ayuda Federal para Estudiantes* (FAFSA, por sus siglas en inglés) es una oficina del Departamento de Educación de los Estados Unidos. La FAFSA trabaja en coordinación con escuelas postsecundarias e instituciones financieras para ayudar a los alumnos y sus familias a pagar la universidad. Esté atento a los eventos para completar la FAFSA que tendrán lugar en el distrito. Acceda a mayor información en <https://studentaid.gov/h/apply-for-aid/fafsa>.

Concurso de Escritura y Arte Prodigios para la Paz 2023

El Comité de Herencia Negra del Condado de Snohomish se enorgullece de anunciar el 22 Concurso de Escritura y Arte Prodigios para la Paz anual para la Celebración Comunitaria del Dr. Martin Luther King Jr. del Condado de Snohomish en enero de 2023.

El Concurso de Escritura y Arte Prodigios para la Paz ayuda a los alumnos a establecer vínculos entre las personas y los eventos que dieron forma al movimiento por los derechos civiles y los aspectos sociales que influyen en sus vidas en la actualidad. La participación en este concurso contribuye a que nuestra comunidad local conmemore y celebre la vida del Dr. Martin Luther King, Jr. Las categorías del concurso incluyen ensayos de tercero a quinto grado, sexto a octavo grado y noveno a duodécimo grado, además de arte de jardín de infantes a duodécimo grado.

Para acceder a las instrucciones e inscribirse en el concurso, visite www.everettsd.org/DEI y haga clic en “Prodigies for Peace” (Prodigios para la Paz) en los enlaces rápidos.

Consejos para la seguridad en línea

- Mantenga la computadora en un lugar concurrido de su hogar.
- Utilice una aplicación para hacer un seguimiento de la actividad en línea de su hijo en su dispositivo.
- Hable sobre el ciberacoso escolar; pregúntele si conoce a alguien que fue una víctima. Pregúntele si su hijo fue una víctima.
- Cree cuentas de correo electrónico y medios sociales con sus hijos. Conozca sus nombres de usuario y contraseñas, y explíqueles los motivos por los que no deben incluir información personal en los perfiles.



Sepa quién está en las “listas de amigos”. Debe conocer a los ciberamigos con la misma profundidad con la que conoce a los que visitan su hogar. Es posible que los siguientes recursos resulten útiles a padres, madres y tutores para comenzar a hablar sobre los peligros de practicar el ciberacoso escolar y cómo proteger la seguridad en línea:

- [Pongamos punto final al acoso escolar ahora mismo](#)
- [La guía de etiqueta en línea correcta de la Sra. Parry](#)
- [Common Sense Media](#)

Acceda a lo que los alumnos de las Escuelas Públicas de Everett aprenden sobre la ciudadanía digital en el [sitio web](#) del distrito.

¿Tiene una inquietud de seguridad relacionada con las escuelas? ¡Infórmela!

Puede enviar su inquietud por teléfono, texto o correo electrónico.

Si hay algo que le preocupa sobre la seguridad de un camino peatonal designado a la escuela, llame inmediatamente al 9-1-1 para recibir ayuda autorizada e inmediata.

Contamos con sólidas asociaciones con las fuerzas de seguridad locales, que comparten nuestro interés de contar con escuelas y vecindarios seguros.

La seguridad de los alumnos es nuestra prioridad. Trabajando juntos podemos contribuir a que nuestros vecindarios y escuelas sean lugares enriquecedores para que los alumnos aprendan y crezcan con total seguridad.

3 easy ways

Text or call
855-637-2095

✉ 1350@alert1.us

🌐 <https://everett-wa.safeschoolsalert.com>

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Realización de simulacro de reunificación



El jueves 6 de octubre, personal del distrito, voluntarios de la comunidad y 4 autobuses de alumnos y personal de la Escuela Secundaria Jackson participaron en un simulacro de reunificación. El simulacro fue una parte importante de la práctica y prueba de los planes de reunificación del distrito en caso de que una escuela deba ser evacuada. El Estadio Memorial es la ubicación de reunificación para todo el distrito y el simulacro se practica cada dos años, excepto durante el aprendizaje remoto.

Puede acceder a mayor información sobre el proceso de reunificación en la [página web de seguridad](#).

Recibimos comentarios útiles sobre las maneras en las que podemos seguir mejorando nuestros

procesos.

Noticias del distrito

¿Quiere saber lo que sucede en el distrito? ¡Síguenos en los medios sociales! Visite nuestro [directorio de medios sociales](#) para acceder a una lista de cuentas de escuelas, clubes o profesores.

¿Desea recibir folletos electrónicos sobre oportunidades para alumnos y familias? ¡Visite

[Peachjar](#) y cree una cuenta gratuita para recibir folletos electrónicos directamente por correo electrónico!



Comunicados de prensa

[27.sep.2022: El equipo de robótica de la Escuela Secundaria Jackson obtuvo el segundo lugar en una competencia internacional](#)

[21.sep.2022: Alumnos de la Escuela Secundaria Jackson fueron distinguidos como semifinalistas de National Merit](#)

[20.sep.2022: Rose Smith recibió el Premio al Servicio Ryan Ziegelmann 2022](#)

[20.sep.2022: Evaluación de idiomas del mundo](#)

[13.sep.2022: Las Escuelas Públicas de Everett celebran sus receptores de diplomas AP Capstone](#)

[23.ago.2022: Los días de transición al jardín de infantes apoyan el éxito de los alumnos](#)



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

• Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

• **Title IX/Civil Rights Compliance Officer:**
• Kevin Allen
• 425-385-4100
• KAllen@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:
Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:
Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
Everett, WA 98213



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• Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

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